

Nature Near You

Journal Prompt:

What is your favourite type of bird, and why?

Animal of the Month: Sockeye Salmon



The sockeye salmon is one of the smaller species of pacific salmon, and typically grow to 18-31 centimeters in length. Freshwater lakes, streams, and rivers are important habitats for the fish when they are spawning and rearing. Their unique bright orange bodies come from the zooplankton and krill they eat in the ocean.

At Home Activity: Heart Leaf Lantern

What you need:

- Leaves
- Scissors
- Jar
- White tissue paper
- Mod podge
- Tea light

How to:

1. Collect leaves from the outdoors that you think have nice colours!
2. Cut small hearts out from the leaves.
3. Tear the white tissue paper into strips and apply them to the jar with mod podge. Let dry.
4. Apply the leaves on the jar with mod podge. Let dry
5. Mod podge the entire jar to seal the design.
6. Place the tea light in the jar and have an adult light it. Watch your lantern shine!

Other Resources:

Valentine Activities for Kids: Outdoor Valentine's Day activities for kids!

<http://goexplore nature.com/2014/01/valentines-day-nature-activities-for-kids.html>

5 Young Climate Activists: Learn about the incredible work these 5 youth have done to protect our planet! <https://yourstory.com/herstory/2019/10/5-young-climate-change-activists-autumn-peltier-ridhima-pandey>