

# STANDARD OPERATING PROCEDURE

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National Archery in the Schools Program during the COVID-19 pandemic



This guide is a supplemental resource to the National Archery in the Schools Program (NASP®) Basic Archer Instructor course. Basic Archery Instructors (BAIs) should use this resource in combination with their training and experience to apply new safety protocols addressing COVID-19 for their in-class archery lessons as well as their extracurricular archery clubs and/or events. This standard operating procedure (SOP) is developed by the BC Wildlife Federation, the regional body of NASP® in British Columbia. Information and recommendations from this SOP is derived from the experience of the NASP BC Manager, Chris Lim, and from documentation provided by NASP® Inc. This SOP is not an official requirement or document under NASP® training or certification and remains as a supplemental resource to be used at the discretion of individuals who have received their BAI certification from NASP® in good standing.

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# HOW TO SET UP A PHYSICALLY-DISTANCED ARCHERY RANGE

## TARGET SPACING

Increase target spacing from 60 cm centre to centre to **two metres centre to centre** or **every other lane**.



## LANE SPACING

Reduce archers from two archers per target to **one archer per target**.

Mandate a minimum of **two metres of separation** between archers.



## INCREASING SPACE

Increase the area between the shooting line and waiting line from 4 metres to **6+ metres**, allowing for more space for physical-distancing between archers when retrieving bows and sanitizing.



## SANITIZER STATIONS

Archers to **sanitize their hands** at designated sanitizing stations every time they cross the waiting line

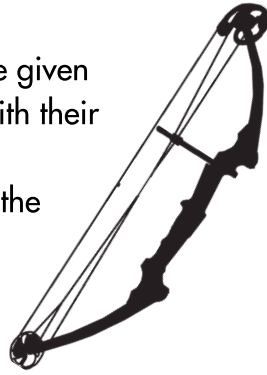


*Please visit page 4 for a full diagram on how to set up a range.*

# HOW TO SAFELY SHARE EQUIPMENT

## BOWS

- Hand sanitizer stations at the waiting line.
- Archers must wear facemasks
- For beginner classes, have all bows draw the same weight.
  - Removes the need for coaches to touch bows for adjustment
  - Custom draw weights can be given once coaches are familiar with their students' shooting styles.
- Everyone has their own bow for the class if possible.
- Sanitizing after use (see page 4)



## ARROWS

- Hand sanitizer stations at the waiting line.
- Everyone has their own arrows (if possible).
- Sanitizing after each use (see page 4)



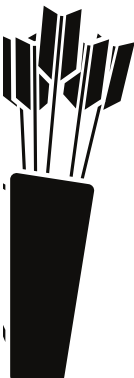
## TARGETS

- Only use feet for bracing.
- Keep hands off the target (if possible).
- Sanitize targets if touched (see page 4)



## QUIVERS

- Only grab arrows and avoid touching quiver itself.
- Sanitize if touched with a non-bleach multi-purpose cleaner or a paper towel with soapy water.



# HOW TO SAFELY SHARE SPACE

## BOW RACKS

### CONCERNS:

- **Common touchpoints:** rack, hooks, other bows.
- **Traffic:** people grouped up in a common area.

### Solution #1:

- One archer at bow rack at a time
- Archer to only grab their bow
- Must be closely monitored.

### Solution #2:

- Tables instead of bow racks
  - 2 bows per table
  - Tables should be 2 metres long and spread out
    - Limits traffic to two people per table.
    - Ensure one person at table at a time.
    - Tables must be sanitized before bows are returned, bows must be sanitized before placed.

### Solution #3:

- Bows on individual rack/stand in front of each lane.
  - Requires small tables or DIY bow rack/stand
  - Reduces traffic caused by communal rack.
  - Tables must be sanitized before bows returned, bows must be sanitized before placed.

### Solution #4:

- Bows placed on the floor in front of archers' assigned lanes.
  - Note: Cost effective but least hygienic option, could pose a tripping hazard.
- Students pick up and return bow to floor, with bows sanitized after each use.

## TARGETS

### CONCERNS:

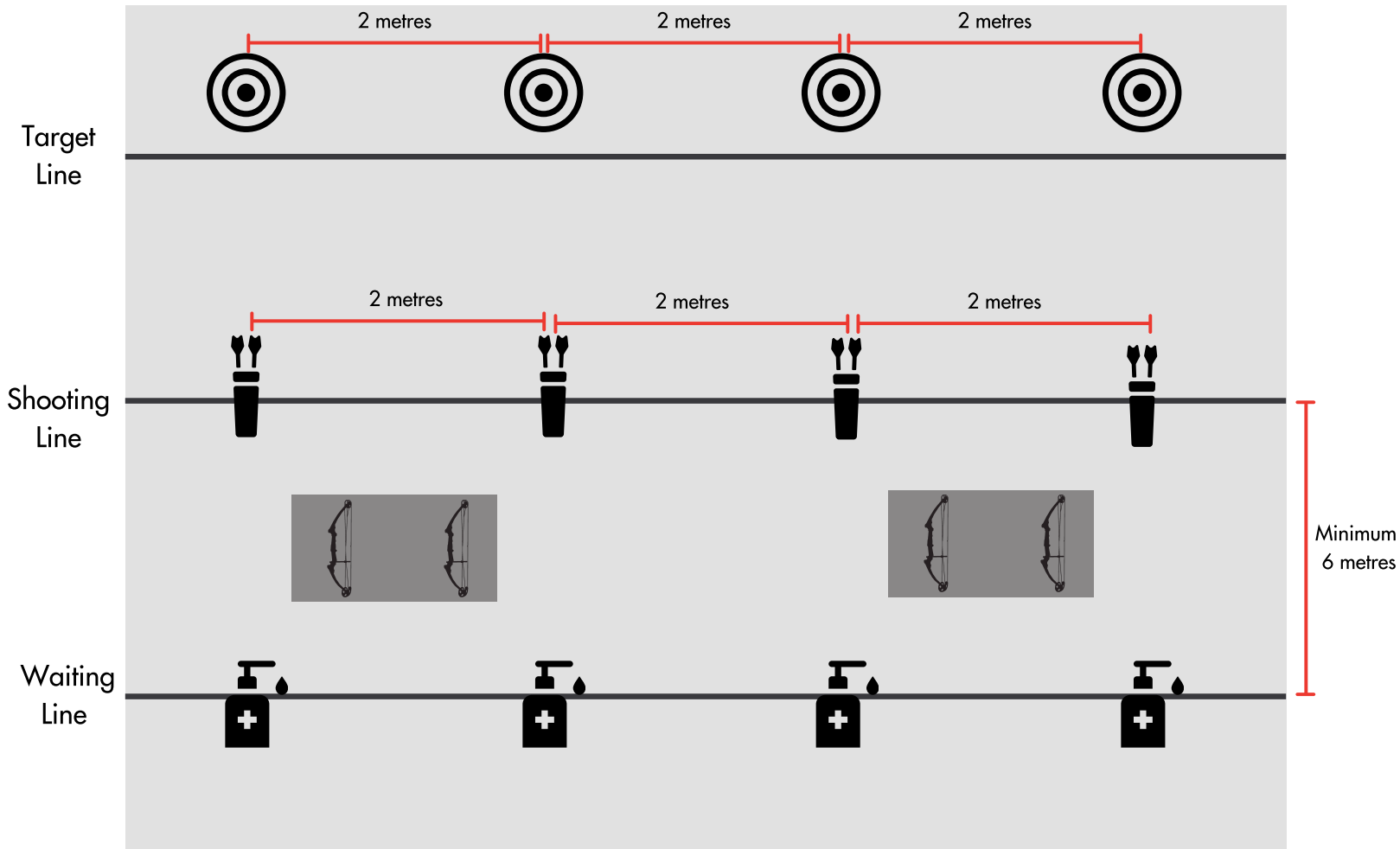
- **Common touchpoints:** targets and arrows

### Solution:

- One archer per target.
- Sanitize target if touched.



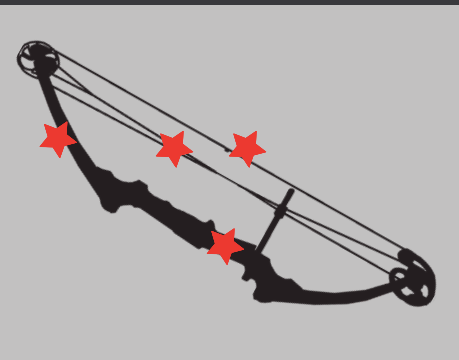
# PHYSICALLY-DISTANT ARCHERY RANGE DIAGRAM



## TIPS

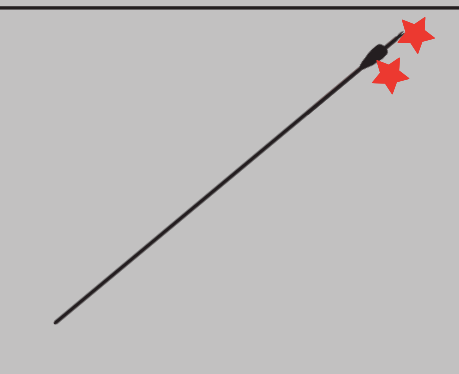
- If students are not following the 2 metre parameters, feel free to modify range spacing to allow for more space.
- We suggest plan your courses around the amount of equipment available to you. To manage larger class sizes split class into groups with different archery skills (e.g. open range, stretching, worksheets, etc.).

# HOW TO PROPERLY SANITIZE ARCHERY EQUIPMENT



## **BOWS**

- Clean entire bow with soap and a wet paper towel, dry with a paper towel.
- Focus on most common touch points: cables, strings, grip, and upper limb.
- Do not use a communal cloth.



## **ARROWS**

- Clean entire arrow with soap, water, and a paper towel or a non-bleach based multi-purpose cleaner.
- Focus on most common touch points: nock and fletching areas.



## **TARGETS**

- Clean entire target with soap, water, and paper towel, or a non-bleach based multi-purpose cleaner.
- Focus on most common touch points: target face and top of target

## **TIPS**

- If possible, students should have their own designated equipment for the class to save on time and sanitation supplies.
- We encourage teachers to sanitize equipment whenever possible and thoroughly explain cleaning procedures to students so they can aid in ensure all equipment is safe for them and their peers. The bow string and the arrow nock should be the piece of equipment that should be sanitized the most thoroughly and often.