Nature Near You

Journal Prompt:

What is your favorite insect? What makes it interesting to you?

Animal of the Week: American Marten



The American Marten, also known as the Pine Marten, is a creature found throughout Canada in boreal forests. These long, slender mammals are avid hunters with a high metabolism, and love to eat birds, fruits, nuts, insects, and carrion. Although they are small, they are mighty, and are capable of hunting larger prey like hares and marmots.

At Home Activity: Nature Rubbings

What you need:

- Paper
- Crayons, pencils, or colored pencils
- A place outside

How to:

- 1. Find an area outside that has a lot of natural objects like trees, leaves, twigs, anf flowers.
- 2. Look around for interesting natural objects.
- 3. When you find something you find interesting, place your paper on top of the natural object and lightly color on top of it. As you color, you should see the shape of your natural object appear on the paper!
- 4. Repeat for as many times as you would like.

Other Resources:

School on the Land: Learn about how Indigenous teachings are getting kids outside: *https://buff.ly/34Vj0sJ*

12 Outdoor Activities: Enjoy the remainder of summer with these fun and easy outdoor activities for families *https://www.bhg.com/crafts/kids/outdoor-projects/outdoor-summer-kids-crafts/*?

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