Nature Near You



Journal Prompt:

What was your favorite outdoor adventure? It could be a hike, a trip, or exploring your own backyard!



Animal of the Week: White Sturgeon



The White Sturgeon is a type of fish found in North America that is one of the largest and longest lived freshwater fish. They have been found to be over six metres long, and some can live to be 100 years old! In Canada, White Sturgeon are unique to British Columbia. Currently, they are classified as a species at risk.

At Home Activity: Windowsill Garden

What you need:

- Windowsill or area in your home with natural light
- Plant pots or containers
- Leafy green or herb ends

How to:

- 1. Find an windowsill or area of your home with lots of natural light and a place to put your plant pots.
- 2. Fill your pots with potting soil and place your plant starts (leafy green or herb ends) in the pot.
- 3. Water and rotate the plants weekly.
- 4. Enjoy your fresh herbs and produce grown in your home!

Other Resources:

Scientist Discover Penguin Colonies From Space: Learn about how scientists used satellites to discover new penguin colonies in Antartica: https://www.sciencedaily.com/releases/2020/08/200804200809.htm

Painting With Nature: Use natural items from the outdoors to create pieces of art! https://teachmama.com/backyard-painting-with-nature/



Connect With Us!

