## **Journal Prompt:**

What is your favorite season, and why?

Nature Near You

## Animal of the Week: Red Winged Blackbird



The Red Winged Blackbird lives in saltwater marshes and watercourse areas, as well as in fields and meadows. The males have unmistakable red and yellow shoulder badges, which they use to attract the female birds. Male Red Winged Blackbirds are known to do anything for attention from females, from sitting on high perches to belting out their unique song.

## At Home Activity: Bug Light Trap

What you need: How to:

- White sheet
- Tent Pegs
- Rope
- String
- Flashlight
- Jar

- 1. Find a location with trees and little outside light.
- 2. Tie your rope across two trees, and drape your sheet over the rope.
- 3. Secure your sheet to the ground with tent pegs.
- 4. Hang and secure the flashlight over one side of the sheet with string.
- 5. When it gets dark, turn on the flashlight.

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6. Insects will be drawn to the light, where you can capture and observe them!7. Return the insects to the wild where they belong.

## **Other Resources:**

**#RecreateResponsibly**: Learn how to safely enjoy outdoor spaces during COVID-1 and how to responsibly and equitably participate in recreation: *https://www.findingnature.org/post/recreate-responsibly?mc\_cid=8471bddeaf&mc\_eid=6ee9152cc1* 

**Virtual Outdoor Exploration:** metrovancouver's Nature Break has videos of the outdoors that will immerse you in wilderness spaces from your home: *https://buff.ly/39hiCVA*