# Nature Near You



## **Journal Prompt:**



What is the first feeling you express when you enter nature?

#### Animal of the Week: Burrowing Owl



These animals are known to nest in underground burrows that are decorated with droppings of their favourite prey such as deer or cattle. This attracts dung beetles which the owl can eat, and also hides the owl's smell from nearby predators. These creatures can be found in the Okanagan area and Kamloops but are listed as one of the three endangered animals under the BC Wildlife Act.

### At Home Activity: Mason Jar Lantern

What you need:

- Mason jar
- white school glue
- food colouring
- paint brushes
- tea lights

How to:

- 1. Ensure your jar is clean and all residue from labels is wiped off.
- 2. Pour 1-2 tablespoons of glue on a plate and add a few drops of food colouring. Repeat as many times for more colours.
- 3. Paint your first coat on the lantern and wait for it to completely dry before coating with 2nd coat. If needed, you can paint up to 3 coats.
- 4. Add your candles and enjoy!

#### **Other Resources:**

**Burrowing owl conservation:** Learn more about what is currently being done to save our burrowing owl population in BC. <u>www.burrowingowlbc.org/index.php/our-activities</u>

**De-stress with nature's spa remedies:** Find ways you can relax and feel more replenished with hydrotherapy, meditation, sound and solar therapy, and more in this article! <a href="https://www.hellobc.com/stories/psst-this-spa-is-free/?source=igodigital">www.hellobc.com/stories/psst-this-spa-is-free/?source=igodigital</a>





